

ONLINE CONVERSATIONS: TAPERING, THE USE OF PSYCHOTROPIC DRUGS & OTHER TOPICS



Jointly hosted by Psycovery and JAEC

These meetings allow a much-needed exchange of information and conversations regarding the use of psychotropic drugs, alternatives and resources that go beyond mainstream medical care, focusing on supportive discontinuation of medication.

We encourage a natural dialogue on lived experience, diagnoses, medical treatments, and the paths to recovery.

Our aim is to help clients of psychiatry feel less alone on their journey.

The online group is facilitated in English by:

- OLGA RUNCIMAN, Psychologist, founder of Psycovery, Board of Mad in America (MIA), trained in Open Dialogue.
- CLAUDIA ESTEVE, Founder of the JAEC Foundation, Board of Mad in America (MIA), trained in Open Dialogue.

The sessions are free and take place every 3rd Thursday of the month, between 18:00 and 19:30h (CEST, Central European Standard Time)

Registration is done via the e-mail addresses: orunciman@gmail.com & claudia@jaecfoundation.org



The group Online Conversations: Tapering, the use of psychotropic drugs & other topics is for adults.
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