

Dialogues

on drug withdrawal

Thursday
7 April
at 18-20
on Zoom

Enroll 

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**What a doctor & mental health professional needs
to know about antidepressant withdrawal**



Presentations
in English

Discussion
in English
and Finnish

Entrance
free - voluntary fee

Keynote speaker

Mark Horowitz

University College London / NHS

Comment

Kristian Wahlbeck

MIELI Mental Health Finland

Host

Soili Takkala

TaHo (Need Based
Treatment)

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Dr **Mark Horowitz** is a training psychiatrist and a PhD in the neurobiology of antidepressant action and has firsthand experience in psychiatric drug withdrawal himself. His articles on psychiatric drug withdrawal have been published in The Lancet Psychiatry, JAMA Psychiatry and Schizophrenia Bulletin. He is a research fellow at University College London and NHS and a co-author of the recent **Royal College of Psychiatry** guidance on **Stopping Antidepressants**.

Psychiatrist and psychotherapist **Kristian Wahlbeck** is the Director of Development at MIELI Mental Health Finland and a research professor at the Finnish Institute for Health and Welfare. He has written over 100 publications on the effectiveness of mental health promotion and interventions.

Soili Takkala is the Chairperson of Tarpeenmukainen Hoito ry, a network builder, the founder of the first Finnish peer group for antidepressant withdrawal.

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